

Health Scrutiny Panel – Meeting held on Thursday, 31st August, 2017.

Present:- Councillors Rana (Chair), Chaudhry, M Holledge, Pantelic, A Sandhu, Sarfraz and Strutton

Apologies for Absence:- Councillors Smith and Qaseem

PART I

12. Declarations of Interest

Councillor Rana declared that a close relative worked at Wexham Park Hospital.

13. Minutes of the Last Meeting held on 10th July 2017

Resolved- That the minutes of the last meeting held on the 10th July 2017 be approved as a correct record.

14. Action Progress Report

Resolved- That the Action Progress Report be noted.

15. Member Questions

There were no questions from Members.

16. Preventive Mental Health Services in Slough

The Head of Mental Health introduced a report that outlined local initiatives and commissioned services that had promoted mental wellbeing and prevented mental health in the Borough. The Officer outlined that there were certain statutory powers and statutory law that governed early intervention and crisis admissions, however that the aim of the preventative services was to promote helping residents at their first point of contact and limiting the need for admissions to secondary services. The Panel was advised that there was a £1million investment in the service and that there was a focus on young people with this funding.

Members asked a range of questions which included service vacancies, recruitment, barriers to accessing primary and secondary care and the impact of barriers to access mental health services upon BAME residents. The Panel was advised that there were four vacant posts (psychiatric nurse positions) within the service and that there had been barriers to recruiting psychiatric nurses. There had been three rounds of recruitment and some of the issues were that the market salary for Slough was not as competitive as those offered in London boroughs. There had been some work conducted with the University of West London to recruit more psychologists from differing backgrounds as this is an area where the service was aware that specialist staff was needed to address language deficit concerns.

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Jenny Chapman addressed the Panel and advised that there had been some difficulties in increasing knowledge of mental health awareness and access to the BAME residents. At present there was 53% uptake access to mental health services, which was stated as being close to matching Slough's demographic. Work had been carried out such as employing multilingual staff, drop in sessions, leaflets published in several languages, Mother Tongue interpreters and primary assessments conducted in patient's preferred language. It was noted that there was more work to be carried out with long term illnesses such as diabetes and that there had been detailed work in Slough currently at local surgeries.

A Member asked about the breakdown of patients and residents who accessed the service previously versus current projected numbers. In 2014/15 the service saw 1,910 patients; in 2016/7 there was a surge of 3605 patients; in 2017/18 (currently) the service has seen 2385 patients and the expected figures for 2018/19 was 2500 patients. After some initial issues with throughput of the service, it was reported that there was now a stable full workforce with good strong management. There had been some issues with accommodation and some of the previous workforce difficulties had stemmed from the nature of the mobile workforce and most colleagues were now based in hubs or surgeries. Access to the service was currently 16.8% and was projected to rise to 18%. As part of the projections under the Five Year Plan, it was estimated that access would rise to 25% by 2020, with the primary focus on diabetes, cardio-vascular disease and breathlessness. The Head of Mental Health also advised of the successes of talking therapy self-referrals which had increased from 0% to 50%. The Board requested that the Head of Mental Health should provide statistics in relation to figures on p16-17 ('parity of esteem') of the report. Additionally, The Head of Mental Health invited all Members to the mental health event being held at the Curve on the 10th October.

Resolved- (a) That the report be noted.

(b) That a report relating to preventative mental health is heard at the board meeting to be held on the 18th January 2018.

17. Five Year Plan: Outcome 2 Update

The Head of Adult Social Care updated the Panel upon the progress of Outcome 2 from Slough Borough Council's Five Year Plan. The report outlined the summary of progress under key issues which included, an overview of progress (Q1 2017-2018 performance), smoking cessation, Direct Payments and Health Checks. Links between wellbeing and housing were also discussed, as one of the five main themes with the Council's updated Housing Strategy 2016 to 2021 included the provision of specialist accommodation for vulnerable people and those with special housing needs.

Members discussed ways to achieve higher uptake of Health Checks, and how residents could be encouraged to take greater ownership of their own

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health and wellbeing. Discussions surrounding the known trajectory of uptake of health checks was low, that there was known poor health in certain communities where uptake is slow. The Director of Adult Social Care advised that there had been progress in self management of health which included shorter GP waiting times for the most vulnerable residents which meant that individuals were more likely to have health checks and the launch of a cardiovascular wellness service whereby residents could also have a health check at their appointment. There had been an increase in the number of clients receiving direct payments. and that Slough as a local authority ranked in the middle of the ranking tables for individuals receiving direct payments. There was some discussion relating to the barriers to health checks for diasporic communities and that this could be partly due to cultural attitudes towards health in general. It was acknowledged that some work around the term 'regular' in respect of health checks should be explained and that there was a campaign with the Communications team to encourage engagement with all communities.

The Director of Adult Social Care also advised that as part of the Five Year Plan update that there was a greater focus on the quality of housing for those in the private rented sector; alternative options for housing for the elderly which included a range of housing extending further than sheltered accommodation; housing for young persons with learning difficulties (2018); and developing options for young people. The sub group priority board were in place to challenge delivery of the intended housing strategy delivery and that there was scrutiny and challenge for the range of housing options suggested.

- Resolved-**
- (a) That the report be noted.
 - (b) That a future visit be scheduled in 2018 to a supported living facility.
 - (c) That a report on FGM be scheduled to a future panel meeting after it has been discussed at the Crime Disorder Panel.
 - (d) That Evidence, impact and outcomes on the uptake of health checks in Slough to be brought back to the panel at a later date.

18. **Frimley Health and Care Sustainability and Transformation Partnership**

The Director of Adult Social Care outlined the report on the Frimley Health and Care Sustainability and Transformation Partnership. Members were asked to note that local clinical commissioning groups (CCGs) had agreed to merge to for a single East Berkshire from April 2018.

Members asked about the future role of Sir Andrew Morris as chair of the STP following the recent announcement that he would be retiring as Chief Executive of Frimley NHS Foundation Trust next year. The Panel recognised

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the leadership he has provided to the STP. It was noted that Sir Andrew would continue his involvement with the STP after his retirement from the Trust and the Panel welcomed his ongoing role.

In response to a councillor's question surrounding increasing GP waiting times, the Director of Adult Social Care explained that delivery of the health and social care model was undergoing substantive change. References to increased admissions into accident and emergency, lower uptake of health checks, reduced access to GP surgeries for minor health issues, and lower usage of pharmacy staff knowledge were increasing service demands at local accident and emergency departments. This led to concerns of service duplication and queries around unease of access for individuals. Notably, discussions surrounding the local accident and emergency departments included the resource needed for an extra department, same day access and a way in which urgent responses would be managed. Members discussed the need for a deeper analysis into the areas and populations to effectively understand the needs of residents. It was stated that effective GP management was needed and that a model should be presented, on which the public could feedback their views.

Resolved- That the report be noted.

19. Forward Work Programme

The Panel considered the Work Programme for 2017-18 and the following items were confirmed or added:

10th October 2017:

- Safeguarding Annual Report
- Resident's involvement in shaping services
- Adult Social Care- Quality of care Report

22nd November 2017:

- Frimley NHS Foundation Trust update (meeting to be held at Wexham Park Hospital)
- CCG Operating Plan
- Berkshire Healthcare NHS Foundation Trust Annual Report
- STP Report

18th January 2018

- ASC Programme Update
- Public Health Update
- Learning Disabilities Programme Update
- STP Update

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Resolved- That the Forward Work Programme be agreed, subject to the above amendments.

20. Attendance Record

Resolved- That the Attendance Record be noted.

21. Date of Next Meeting- 10th October 2017

The next meeting of the Panel would be held on the 10th October 2017.

Chair

(Note: The Meeting opened at 6.30 pm and closed at 8.06 pm)